

Citrus Ginger Dressing/Marinade

Ingredients

- 1 tablespoon lemon juice
- 2 tablespoons orange juice
- 1 teaspoon apple cider vinegar
- 1 tablespoon Bragg's liquid aminos
- Ginger, fresh or ground to taste
- Sea salt and fresh black pepper to taste
- Stevia to taste

Directions

1. Combine spices with liquid ingredients.
2. Enjoy over salad or double the recipe for use as a marinade.
3. Warm slightly to enhance the flavours.

Makes 1-2 servings (1 fruit) Serve with additional orange slices to complete a fruit serving

0.5 gram protein

0 fat

Less than 5 calories

