

## Iced Cinnamon Coffee

cals: **2.4**   fat: **0 g**   protein: **0.3 g**   carbs: **0 g**   fiber: **0 g**

a refreshing frothy sweet drink

*4 Minutes to Prepare*

*Coffee is a free food so drink as much as you would like and enjoy!*

### Ingredients

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- Black fresh brewed coffee
- Stevia to taste
- Cinnamon
- Ice Cubes
- 1 tbsp low fat milk (optional)

### Directions

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Mix 8 oz black coffee with 6-10 ice cubes and stevia and cinnamon to taste.

Add in 1 tbsp of milk (optional)

Place all in a blender until ice is crushed, drink and enjoy



#### Nutritional Info

Servings Per Recipe: 1

**Amount Per Serving** (without milk)

- Calories: 2.4
- Total Fat: 0.0 g
- Cholesterol: 0.0 mg
- Sodium: 4.7 mg
- Total Carbs: 0.0 g
- Dietary Fiber: 0.0 g
- Protein: 0.3 g