

## Savory Onion Caramelized Shrimp

Makes 1 serving (1 protein, 1 vegetable)
22 grams protein
1.5 grams fat
200 calories

### Ingredients

- 100 grams shrimp
- 3 teaspoons lemon juice
- Sliced onion cut into rings (whole onion is counted as a vegetable)
- ¼ cup water
- 1 tablespoon Bragg's liquid aminos
- ⅛ teaspoon onion powder
- Vanilla flavoured liquid Stevia to taste
- Sea salt and pepper to taste

### Directions

1. Heat up the liquid ingredients on high heat in small frying pan.
2. Add Stevia, salt, pepper, onion, and shrimp.
3. Deglaze with a little water several times to create a caramelized sauce.

