

Sweet Japanese Cucumber Salad

Makes 1 serving (1 vegetable)
2 grams protein
0 fat
49 calories

Ingredients

- 1 cucumber, sliced/ diced
- 2 tablespoons apple cider vinegar
- 1 tablespoon fresh lemon juice
- 1 teaspoon Bragg's liquid aminos
- 1 teaspoon finely minced onion
- Cayenne pepper to taste
- Stevia to taste

Directions

1. Mix ingredients together.
2. Marinate for 15 minutes or more.
3. Serve chilled.

Variations:

Marinate cucumbers in Sweet Wasabi Marinade

