

Lemon Pepper Dressing Marinade

great with chicken, shrimp or fish

Makes 1-2 servings
0 protein
0 fat
3 calories per serving

Ingredients

- 4 tablespoons lemon juice
- 3 tablespoons chicken or vegetable broth
- ¼ teaspoon horseradish or to taste
- Sea salt and black pepper to taste
- Stevia to taste (optional)

Directions

1. Mix ingredients together.
2. Marinate protein for 20 or more minutes.

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Tip**

Adjust the level of spices in a recipe to your personal taste. If you find a recipe has too much of a strong spice, adjust it to your palate.



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