

Apple Cider Vinaigrette

calcs: **3.5** fat: **0** g protein: **0.2** g carbs: **1.2** g fiber: **0.7** g

5 Minutes to prepare

Number of Servings: 4

Ingredients

- 1/4 cup Apple Cider Vinegar
- 1/4 cup water
- 1/2 tsp. low sodium soy sauce
- 2 tbsp. yellow mustard (no sugar)
- 2 packets stevia
- spices to taste, such as: basil, oregano, Italian seasonings, black pepper

Directions

Makes about a 1/2 cup of very flavorful salad dressing or marinade.
Combine ingredients and mix well.

Nutritional Info

Servings Per Recipe: 4

Amount Per Serving

- Calories: 3.5
- Total Fat: 0.0 g
- Cholesterol: 0.0 mg
- Sodium: 260.5 mg
- Total Carbs: 1.2 g
- Dietary Fiber: 0.7 g
- Protein: 0.2 g



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