

Orange or Lemon Pops

Ingredients

- Juice of ½ lemon or 1 small orange, juiced
- Powdered Stevia to taste

Directions

1. Mix Stevia to taste into lemon or orange juice.
2. Pour into popsicle molds and freeze.

Makes 1 serving (1 fruit)
0 protein
0 fat
15 calories (lemon) 50 calories (orange)

