

Rosemary Garlic Steak

Servings per recipe: 1

Serving = 1 protein

Ingredients

- 100 grams steak
- 1 Tbsp apple cider vinegar
- 1 Tbsp rosemary
- 1 tsp garlic paste (3-5 cloves minced)
- 1/2 tsp crushed red pepper



Directions

1. In small dish, add apple cider vinegar. Add steak and coat.
2. In small bowl, combine rosemary, garlic, red pepper. Rub on both sides of steak.
3. Place steak in small dish, cover, and refrigerate 4 hours - overnight.
4. Grill to desired consistency.



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