

## Green Apple Slaw

Servings per recipe: 1

Serving = 1 fruit, ½ lemon juice

### Ingredients

- 1 green apple (about 150g after coring)
- juice from 1/2 small lemon (about 1 Tbsp)
- stevia sugar substitute (to taste)
- 1/8 cup cut fresh mint (optional)



### Directions

1. Core, slice, and cut apple into slivers.
2. In bowl, add: apple, lemon juice, sugar substitute and toss to mix.
3. Toss in fresh mint before serving.