

## Shrimp Hot & Sour Soup

Servings per recipe: 1

1 serving = 1 protein, 1 vegetable

### Ingredients

- 100 grams shrimp
- 100 grams of bok choy or asparagus
- 2 cups hCG Diet approved chicken broth
- 2 Tbsp apple cider vinegar
- 1 Tbsp Bragg Liquid Aminos or low sodium soy sauce
- 1 tsp stevia
- 1 tsp sambal oelek
- 1/2 tsp white pepper
- 1/4 tsp ground ginger
- crushed red pepper

### Directions

1. In saucepan, combine broth, apple cider vinegar, Bragg Liquid Aminos or low sodium soy sauce, stevia, ginger, sambal oelek and white pepper.
2. Bring to boil.
3. Reduce heat, cover, and simmer for 2-3 mins.
4. Add shrimp. Return to boil.
5. Add vegetable, cover, and simmer for 2-3 mins.
6. Sprinkle with crushed red pepper and serve.

