

## Tomato Picante Dressing

Makes 4 servings (1 vegetable)
1 gram protein
0 fat
32 calories

### Ingredients

- 1½ cups tomatoes, chopped
- 3 ounces tomato paste
- 1 clove garlic, crushed and chopped
- 1 teaspoon mustard powder
- 2 tablespoons lemon juice
- ½ teaspoon ground cumin
- ½ teaspoon chili powder
- Pinch of cayenne pepper
- Sea salt and black pepper to taste
- Apple cider vinegar to taste



### Directions

1. Put tomato and garlic into food processor and puree.
2. Add mustard, lemon juice, cumin, chili powder, cayenne, salt, and tomato sauce.
3. Blend until smooth.
4. Transfer to a jar and refrigerate.
5. Stir before using.

