

Iced Cocoa Strawberries

Variation: Use orange segments

Makes 1 serving (1 fruit)
0.5 gram protein
0 fat
35 calories

Ingredients

- 4-6 medium strawberries
- 1 tablespoon dry defatted cocoa
- Powdered Stevia to taste

Directions

1. Mix cocoa and Stevia together.
2. Slice strawberries and dip in cocoa mixture.
3. Place on wax or parchment paper and freeze until firm.

