

# Vanilla Curry Chicken

**Servings per recipe: 1**

*Each serving counts as 1 protein, 1 vegetable, 1 fruit*

Vanilla curry chicken is a simple recipe. It is a low fat recipe and thus, ideal in your hCG weight loss plan. It takes 10 minutes to prepare this delicious recipe. The dish has ample sources of vitamins, minerals and protein. You can savor it with your favorite beverage and salad during Maintenance and Stabilization phases.



## Ingredients

- 100 grams grilled chicken breast
- 50 grams chopped celery
- 1 chopped apple
- 1 tbsp curry powder
- 50 grams low fat cottage cheese
- vanilla stevia to taste
- ½ tbsp sea salt

## Directions

- Take a big bowl and mix the grilled chicken, chopped celery & apple into it.
- In a cup blend fat free cottage cheese, vanilla stevia and curry powder.
- Sprinkle salt according to taste.
- Mix all the ingredients in the bowl and your vanilla curry chicken is ready to eat.

