

Sweet Orange Dressing/Marinade

Ingredients

- Juice of 3 orange segments
- 2 tablespoons lemon juice
- 1 teaspoon apple cider vinegar (optional)
- ¼ teaspoon ginger powder
- Pinch of turmeric
- Pinch of orange zest
- Stevia to taste

Makes 1 serving (1 fruit)
0.5 gram protein
0 fat
20 calories

Directions

1. Dissolve spices and Stevia in juice mixture.
2. Heat the dressing slightly in a saucepan, then chill until ready to use.
3. You may double the recipe for a marinade.
4. Serve with remaining orange slices.

