



# Sweet Basil Marinated Spinach Chicken Salad

**Servings per recipe: 1**

*Serving counts as 1 vegetable, 1 protein, 1 fruit*

## Ingredients

- 100 grams spinach
- 100 grams cooked chicken, cut in pieces
- ½ grapefruit diced into bite size pieces
- 2 Tbsp chopped basil
- hCG Diet approved Vinaigrette salad dressing (recipe on website)

## Directions

1. Put desired quantity of vinaigrette salad dressing in bottom of large bowl
2. Add chopped basil and stir.
3. To enhance flavours add some vanilla Stevia drops.
4. Add chicken, grapefruit and spinach.
5. Toss and serve.

