

## Brazilian Shrimp

Servings per recipe: 4

Each serving is 1 protein, 1 vegetable

### Ingredients

- tomato juice (from real tomato)
- 1/2 cup fresh lime juice
- 1 small onion minced
- 2 tsp minced cilantro
- 1 clove garlic minced
- 1/2 tsp sea salt
- 1/4 tsp pepper
- 1 1/4 lbs shrimp, peeled and de-veined

### Directions

Preheat broiler and line a baking pan with aluminum foil.

In bowl combine lime juice, onion, cilantro, garlic, salt and pepper then set aside

Place shrimp on the baking sheet and cover with the remaining juice from the tomato.  
Broil shrimp about 4" away from the heat - each side takes about 1 1/2 minutes

When done combine in bowl, toss and serve

**\*\* This recipe makes 4 servings so before cooking your shrimp, measure out 100 grams for your serving to get a visual on how many. Your final serving maybe 95-105 grams of protein but it won't ruin the hcg diet \*\***



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