

## Strawberry Lemonade

Servings per recipe: 1

Each serving = juice of 1 lemon, 1 fruit

### Ingredients

- 1 litre of water
- the juice of 1 lemon
- 6 sliced strawberries
- 2 packets calorie free natural sweetener (Stevia or Xylitol) or drops to taste
- Ice Cubes

### Directions

Place 1 litre of water in a pitcher.

Add juice of 1 lemon.

Stir in 2 packets of sweetener.

Add ice as desired.

Garnish with sliced strawberries, or crush the strawberries and mix it in to add flavour.

*Sip with a straw and enjoy!*

